



Congregational Care presents

Managing Life's Challenges: The Faces of Grief



Sundays • 9:45 – 10:45 AM
Fellowship Hall

All members and friends of the congregation are invited and welcome to attend and participate! Whether you're in the process of grieving yourself or would like to learn more about how to better help friends, loved ones, and church members who are experiencing grief, please come.

1/21

Understanding Mourning: An Overview

Dr. Glen Davidson – Research Professor of Medicine & Culture, Vanderbilt University and Westminster Presbyterian Church member

1/28

Our Experiences of Grief: Loss of Family & Friends

Panel of Westminster Presbyterian Church members: Jim & Beth Felch, Sydney DeWitt, Dolores Loutzenhiser, & Rudy Kalis; moderated by Dr. Glen Davidson

2/11

How Do We Help Ourselves and Others: Tools for the Grief Journey

Breakout Sessions:

- Helping Children & Youth with Grief – Sophie Maness & Claire Harris Kramer
- The Dying and Mourning Process: Wisdom from the Bedside – Chaplain Khethe Cox (Alive Hospice)
- Where are you, God? Theological and Spiritual Nourishment for the Grief Journey – Rev. Heidi Hudnut-Beumler & Rev. Rachel Pence

2/18

Changes in Life That May Bring Grief

Dr. William Petrie, Professor of Clinical Psychiatry and Behavioral Sciences and Director of Geriatric Psychiatry Outpatient Program, Vanderbilt University Medical Center, and Westminster Presbyterian Church member